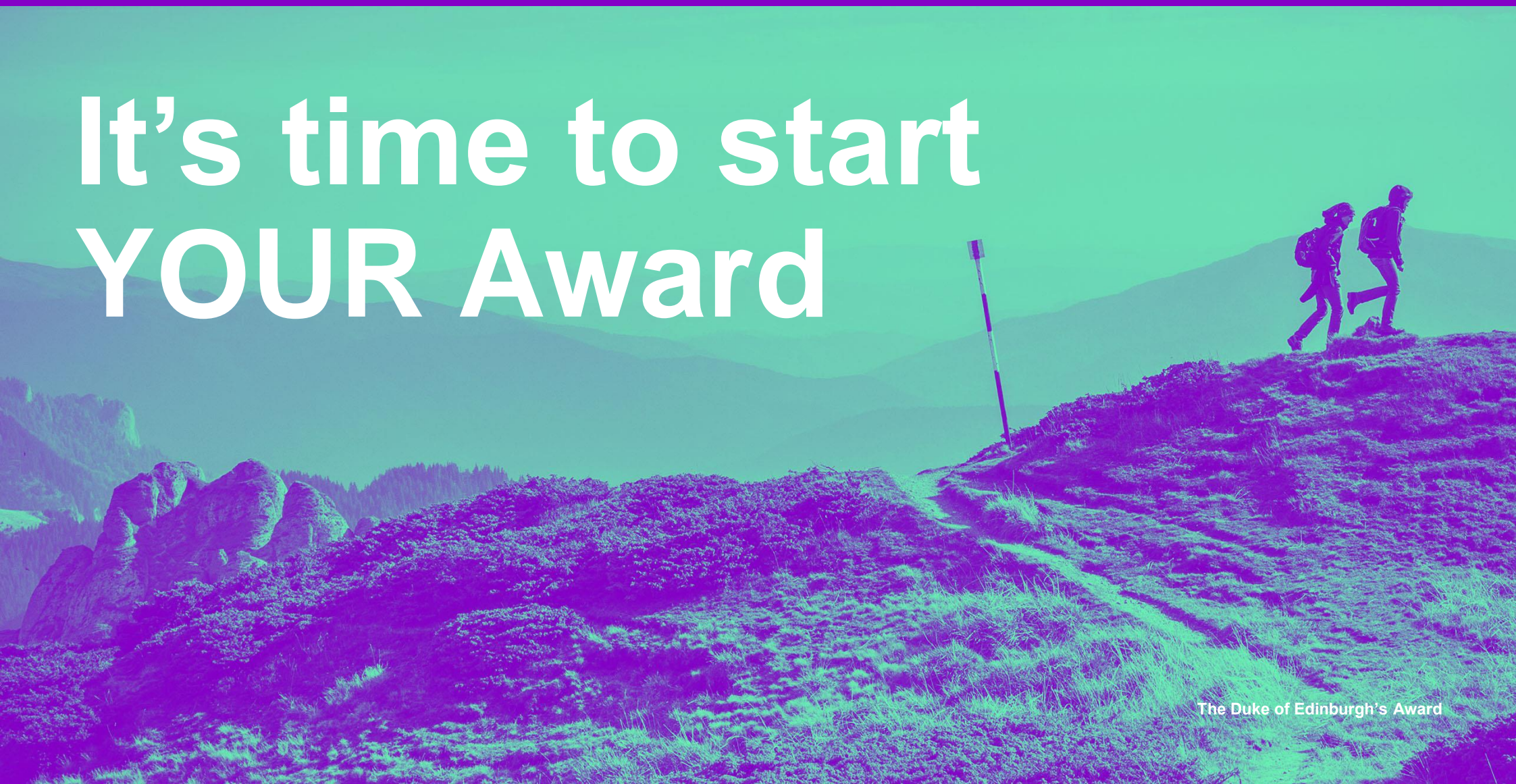




It's time to start YOUR Award



The Duke of Edinburgh's Award



What is the Award?



What is the Award?

The Award is ...the world's leading achievement award for young people.

It's about going the extra mile – learning new skills for work and life, getting fitter, helping others and exploring the countryside.

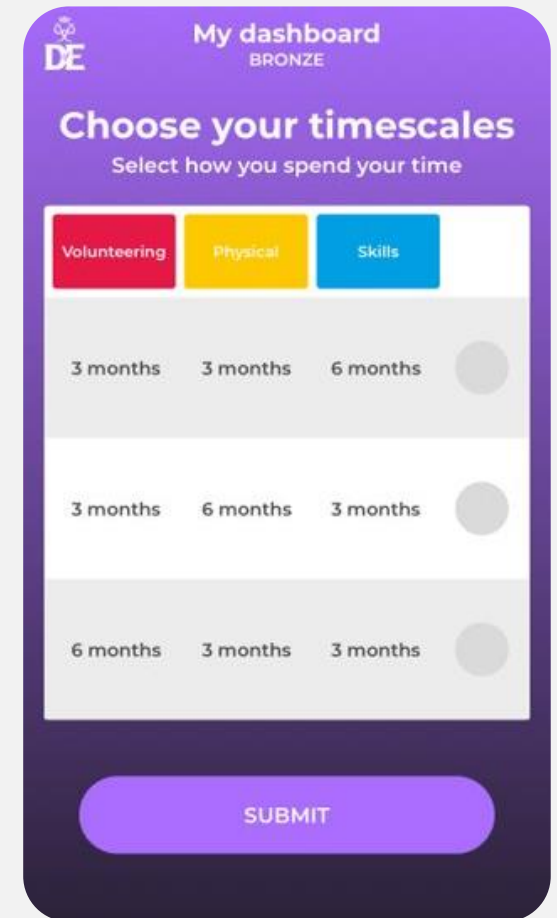
A few of our Guiding Principles

- Achievable by all
- Personalised
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable



Award Activities

- There's **loads of activities** to choose from — most activities can count towards your Award.
- Activities could be something that you are **already doing or completely new**.
- **Weekend, lunch and after school** clubs and activities will count!
- Only **1 hour a week** per section.
- Just need someone outside of your family to **write you a statement when you have finished**.



My dashboard
BRONZE

Choose your timescales
Select how you spend your time

Volunteering	Physical	Skills
3 months	3 months	6 months
3 months	6 months	3 months
6 months	3 months	3 months

SUBMIT

Bronze Award

Age: Year 10 - the school year in which the young person turns 14



Volunteering

3 months



Physical

3 months



Skills

3 months



Expedition

2 days and 1 night

All participants must undertake a further **3 months** in either the Volunteering, Skills or Physical section.

At least **6 hours** of planned activity each day.

Silver Award

Age: Year 11 - the school year in which the young person turns 15



Volunteering

6 months

Participants who have not achieved their Bronze Award must undertake a further **6 months** in either the Volunteering, or the longer of the Skills or Physical sections.



Physical

One Section for **6 months**
and the other for **3 months**



Skills



Expedition

3 days and 2 nights

At least **7 hours** of
planned activity each
day.

Gold Award

Age: 16+



Volunteering

12 months

Participants who have not achieved their Silver Award must undertake a further **6 months** in either the Volunteering or the longer of the Skills or Physical sections.



Physical

One Section for **12 months**
and the other for **6 months**



Skills



Expedition

4 days and 3 nights

At least **8 hours** of
planned activity each
day.



Residential

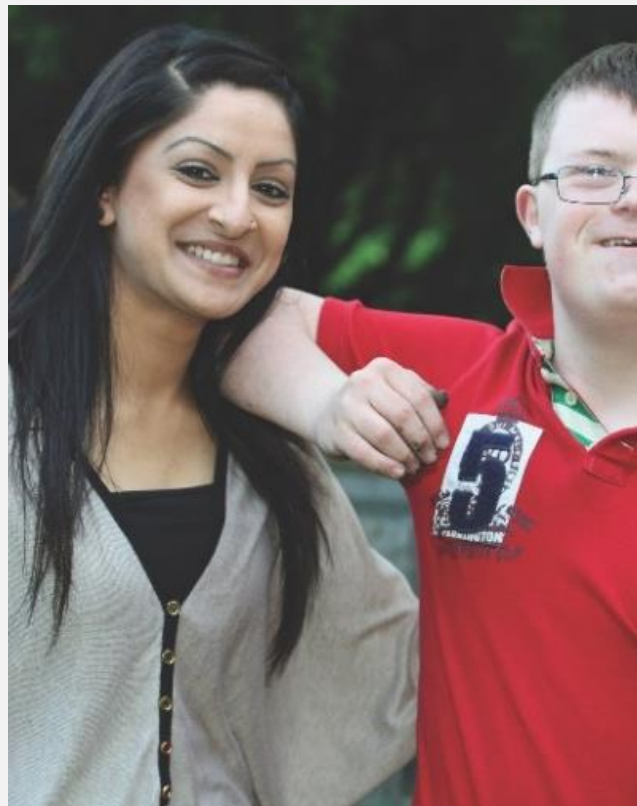
**5 days and
4 nights**

Shared activity in a
residential setting
away from home.

All Awards must be completed by the participant's 25th birthday.

Volunteering

Volunteering is simple. It's about choosing to give time to something useful, without getting paid.



- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation

** Unfortunately volunteering at commercial businesses cannot be accepted*

Physical

Get Active! Anything that requires a sustained level of physical energy and involves doing an activity



- Team Sports
- Individual Sports
- Water Sports
- Racquet Sports
- Dance
- Fitness
- Extreme Sports
- Martial Arts

Skills

To develop practical and social skills and personal interests by developing a new skill or improving an existing one



- Creative Arts
- Performance Arts
- Science & Technology
- Music
- Life Skills
- Learning & Collecting
- Media & Communications

Expedition

Exploring the countryside and camping under the stars with your friends. Your expedition will give you lifelong memories.

You will be **unaccompanied** and **self-sufficient**.

Groups of 4-7 participants

Training will include:

- Campcraft
- Navigation
- First Aid
- Countryside code



Residential (Gold level only)

To inspire participants through a concentrated involvement with people they don't know, who are usually from different backgrounds, and bring alternative views to the challenges they will face.



- Assisting at a kids' summer camp.
- Joining a conservation project.
- Doing a photography course.
- Improving language skills on an intensive course.

The benefits for young people

- Forming new friendships.
- New talents and abilities.
- The ability to plan and use time effectively.
- Work as part of a team towards shared goals.
- Self-belief and self-confidence.
- Develop communication skills.
- Learning from and giving to others in the community.
- Show initiative.



Why should I take part?

So why should you do your Award?

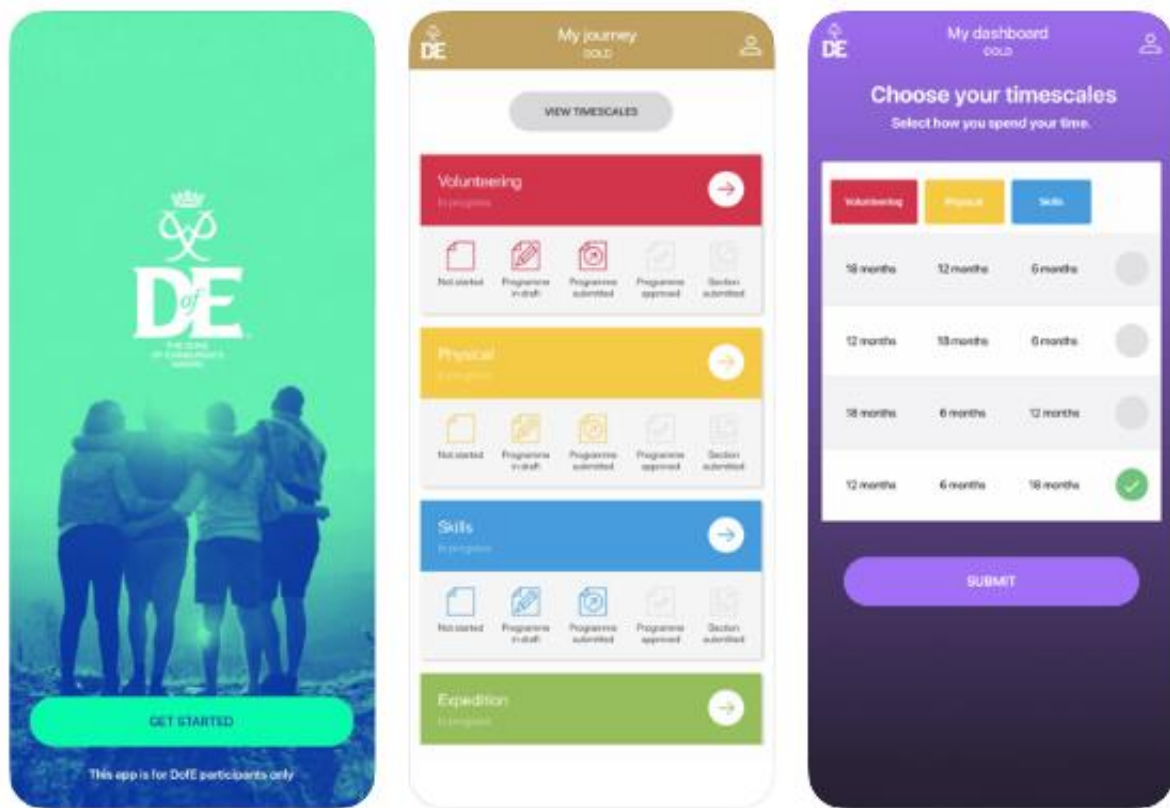
It's hard to list all the benefits of achieving your Award, so here's a quick snapshot. You'll...

- Have lots of fun
- Get healthier and happier
- Meet incredible people and make lasting friendships
- Have amazing new experiences
- Find talents you didn't know you had
- Gain skills that employers value, which you can reference on your CV
- Become more confident and independent
- Stand out from the crowd in college, university and job applications
- Make memories that will last a lifetime.



What is eDofE?

eDofE is the online account you will use to record your activities



Next Steps



- ☐ Speak to your DofE/JAI Leader to find out how to sign up to the Award
- ☐ Parents/guardians will need to complete and return some paperwork
- ☐ Start thinking about the activities you might want to choose
- ☐ Think about who your Assessors could be
- ☐ Get started and have fun!

Thank you!

theawardni.org